

Testimonials



"If you are planning a complicated move under difficult circumstances, Adele is the person to contact. "Frankly, I had fun with her while doing it."
-Barbara Beatty

"Adele coordinated the entirety of my elderly mother's move. She brings a wealth of experience, decisiveness, and excellent instincts."
-Mark Narron

"My first move in 30 years was to an apartment. The task seemed overwhelming. Adele stepped in and accomplished a hands-on miracle."
-Len Alfredson

For a **FREE** one hour consultation, please contact:

**Adele Logan-Galen, Owner
Smooth Move Managers, LLC**

(571) 230-5702

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www.smoothmovemanagers.com

MEMBERSHIPS

National Association of Senior
Move Managers (NASMM)

Northern Virginia Senior Resource
Network (NVSRN)

Superior Options for Seniors
(SOS)

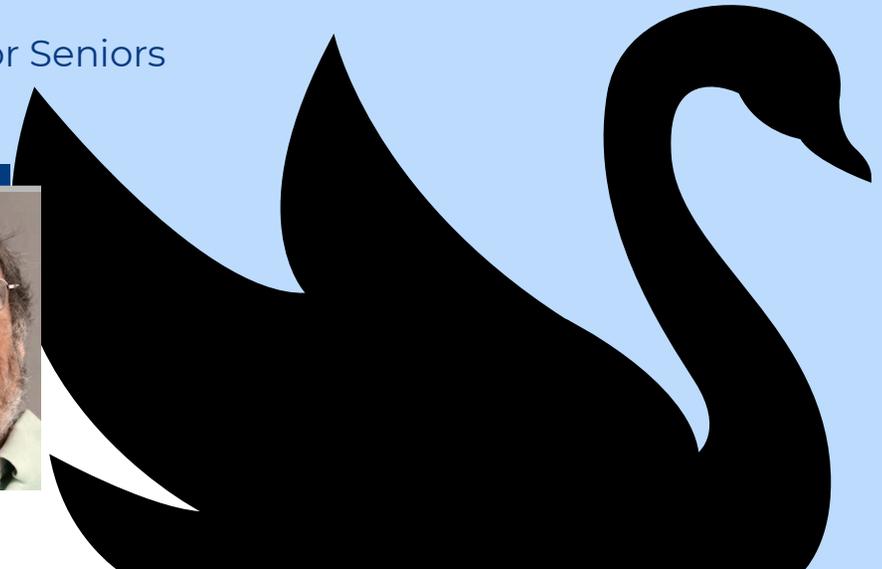


Smooth Move Managers

A compassionate, trusted expert to guide your move – or a loved one's.

**Clutter can be overwhelming.
Let me help you simplify it.**

**We specialize in respectful
clearing of a deceased loved
one's home.**



Smooth Move Managers

Smooth Move Managers is a woman-owned concierge company dedicated to helping seniors – and their adult children- navigate the moving process with clarity, care, and confidence.

When you move into your new home, it will welcome you with familiar comfort—fresh linens, clean towels, dishes in place. Even the layout will echo your old space, because we know “home” is also a state of mind.

Founder Adele Logan-Galen understands how emotionally taxing life’s transitions can be. That’s why she remains personally involved with every client—prioritizing comfort, safety, and peace of mind. Whether you’re a senior planning ahead or a loved one offering support, we provide personal service every step of the way.

 **Compassionate**

What We Do

Downsizing and moving can feel overwhelming—but you’re not alone. Smooth Move Managers offers full-service support for seniors and their families. We manage the details so every move unfolds with ease.

- A trusted network of vetted movers, real estate agents, estate specialists, and more —who meet our high standards for integrity, experience, and care.
- Every quote, schedule, and detail are personally overseen by founder Adele Logan-Galen, so nothing gets lost in the shuffle.
- One-stop convenience backed by trusted, personal service.



 **Competent**

Meet Adele

Having shepherded her aging parents through four moves in 25 years, **Adele Logan-Galen** brings rare, firsthand insight into the emotional toll and upheaval seniors face when uprooting their lives



Adele launched her company with the sole purpose of making moves gentler for seniors. She brings more than a decade of experience, keeping adult children informed while guiding their loved one(s) through every step with warmth and respect.

“I’m here to lighten the load—so when I leave, you feel relief, calm, and clarity.”

 **Caring**